

PREOPERATIVE PATIENT TO DO CHECKLIST FOR TOTAL HIP, TOTAL KNEE, PARTIAL KNEE JOINT REPLACEMENTS

- **Review handout on dental protocols before and after your total joint replacement**
- **Fill prescription medications before your surgery**
 - ✓ All of these medications are to only be taken after your total joint replacement surgery
- **Notify your surgical team if you develop any medical concerns**
 - ✓ Please also notify your surgical team if you develop any open sores, burns or lesions on your skin before surgery

Your surgical team will provide a referral to you for postop physical therapy. Post-op physical therapy may be done at a location of your choice. We recommend you make your appointments at an office close to your home for your convenience

- ✓ Schedule these appointments as soon as possible, appointments fill up quickly and it is crucial to your recovery that you start physical therapy soon after your surgery
- ✓ For total knee replacements you will need to schedule your first 6 weeks of postop physical therapy appointments, you will need to schedule 2 appointments each week
- ✓ For total hip replacements you will need to schedule your first 2 weeks of postop physical therapy appointments, you will need to schedule 2 appointments each week ○

Pick up medical assistive devices before surgery ✓ A front wheeled walker is **required**

- Please see the example to the right of a front wheeled walker, four wheeled walkers will not be allowed and are unsafe following a total joint replacement surgery.

✓ Other: _____



- **Medical Screening**
 - ✓ Preoperative appointment with your surgical team within 30 days of scheduled surgery
 - ✓ Medical screenings may be required and if so, are **NOT** optional and are up to the discretion of your surgical team and the surgical facilities anesthesia group

- **Plan to discharge from the surgical facility once you are stable**
 - Our primary goal for all total joint replacements are for you to discharge home
 - Upon discharge from your surgical facility, you will need someone with you at home