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ASSOCIATES SMC
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Preoperative Patient Instructions

MEDICATIONS

- Take Medication your Clearance RN instructed you to take with just a sip of water the morning of surgery.
- It is acceptable to take Tylenol up to the evening before surgery.

Aspirin	6 days
Oxaprozin (Daypro)	10 days
Piroxicam (Feldene)	10 days
Excedrin	6 days
Bufferin	6 days
Alka Seltzer	6 days
Pradaxa (Dabigatran)	4 days
Brilinta (Ticagrelor)	5 days
Plavix (Clopidogrel)	7 days
Aggrenox (Persantine, Dipyridamole)	6 days
Streptokinase	48 hours
Urokinase	48 hours
Effient (Prasugrel)	10 days
Ticlid (Ticlopidine)	5 days
Pletal (Cilostazol)	2 days
Fiorinal	6 days
Lovenox (Enoxaparin- at high therapeutic dose)	12-24 hours
Xarelto (Rivaroxaban)	3 days
Norgesic	6 days
Eliquis (Apixaban)	3 days
Ketorolac	1 day
Diclofenac (Zorvolex, Arthrotec, Zipsor)	1 day
Ibuprofen	1 day
Etodolac	2 days
Indomethacin	2 days
Naproxen (Aleve, Anaprox)	4 days
Meloxicam	4 days
Coumadin (Warfarin)	5 days
Nabumetone	6 days
Garlic	7 days
Fish Oil	6 days
ReoPro (Abciximab)	5 days
Acenocoumarol (Acebron, Acitrom, Acenox)	3 days
Betrixaban (Bevyxxa)	6 days
Cangrelor (Kengreal)	3 hours
Cilostazol	2 days
Fragmin (Dalteparin)	24 hours
Edoxaban (Savaysa)	3 days
Eptifibatide (Integrelin)	24 hours
Fondaparinux (Arixtra)	4 days
Heparin (Subcutaneous)	24 hours
Pentosan Polysulfate Sodium (Elmiron)	5 days
Tirofiban (Aggrastat)	24 hours
tPA (Ativase, Cathflo, Retavase, TNKase)	48 hours
Vitamin E (If greater than 400 IU per day)	6 days

FOODS AND LIQUIDS

- Do **NOT** drink anything, including water, or eat **food, gum, mints, hard candy, lozenges or chewing tobacco** after 12:00pm midnight. This is extremely important for your safety, and failure to do so increases the risk of a serious aspiration event.

*** Eating or drinking after midnight could necessitate delaying or canceling your surgery***

- Do **NOT** Smoke/Vape tobacco, marijuana, or products of any kind the day of surgery.
- You may brush teeth, but **don't** swallow any water!

COSMETIC INSTRUCTIONS

- Due to the possibility of increased infection risk, removal of **acrylic nails and nail polish** prior to your surgery is highly recommended.
- **All jewelry** (to include your **wedding ring** and **all body piercings**) needs to be removed prior to your surgery. We highly encourage you to leave your jewelry at home the day of surgery.
- **Shower** the night before surgery with an Antibacterial soap such as **Dial**. No lotions, perfumes, shaving, especially around your surgical site, for at least 2 days.

**** For your safety and the safety of others, *OSC patients will NOT be allowed to drive home after surgery.* Please bring ONE responsible adult who is **18 years or older** they will stay or remain within 10 minutes of the OSC during the duration of your stay. Due to the nature of medications delivered during surgery, many patients will be required to have a responsible adult who can monitor them for **24 hours after surgery**. We encourage you to make these arrangements well in advance of the day of surgery to avoid cancellations or delays****

Please be available at the phone number you provided to us on the day of your surgery. There can be an occurrence in which we may contact you to come in earlier or later depending on the surgery schedule that day.