



Common Knee Diagnoses and Procedures

Arthroscopy:

- Using the camera with minimally invasive technique

Meniscus Tear:

- Meniscus Repair versus Debridement

Ligament Tears:

- Anterior Cruciate Ligament Tear: ACL Reconstruction
 - Autograft (own tissue), Allograft (donor tissue)
 - Hamstring, Quadriceps, Patella
- Medial Collateral Ligament Tear / Posterior Cruciate Ligament Tear
- Lateral Collateral Ligament / Posterolateral Corner Tear

Cartilage Injury:

- Chondroplasty (trimming cartilage)
 - Microfracture / Osteochondral Allograft

Patella Instability:

- Ligament Reconstruction / Tibial Tubercle Osteotomy