



OLYMPIA
ORTHOPAEDIC
ASSOCIATES PLLC

Your Life in Motion

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OOA Holding Instructions for Anticoagulant (Blood Thinning) Medication

- If you are currently taking one of the following blood thinners, please review below how many days you will need to discontinue this medication prior to your scheduled surgery.**

- Warfarin (Coumadin)** - holding instructions will be defaulted to patient's anticoagulation clinic (ACC) or prescribing provider, notification must be sent to respective ACC with patient demographics, surgery type, and date for surgery.

- Xarelto (Rivaroxaban)** - hold for 48 hours prior to surgery.

- Eliquis (Apixaban)** - hold for 48 hours prior to surgery.

- Pradaxa (Dabigatran)** - hold for 72 hours prior to surgery.

- Plavix (Clopidogrel)** - hold for 5 days prior to surgery.

- Brilinta (Ticagrelor)** - hold for 5 days prior to surgery.

- Effient (Prasugrel)** - hold for 7 days prior to surgery.

- Aggrenox (Aspirin/Dipyridamole)** - hold for 10 days prior to surgery.

- Aspirin** - stop aspirin 10 days prior to surgery period however comma your surgeon may request you continue taking this if you take aspirin for cardiac related issues period.

- NSAIDS (Ibuprofen, Advil, Aleve, Naproxen, etc.)** – stop 10 days prior to surgery.

- Herbals** - stop ALL herbal supplements 14 days prior to surgery.

Please call your surgical team if you have any questions.

Surgeon:

Surgery Scheduler:

Medical Assistant:

Phone Number:

Phone Number: