

## **AFTER SURGERY ASSISTANCE RESOURCES**

### **Above Home Health- Skilled Nursing Care at Your Home**

Fax: 888-470-3277

Phone: 360-350-0123

Email: [care@abovehh.com](mailto:care@abovehh.com)

### **Synergy Home Care of Olympia**

Phone: 360-338-0837

Email: [bradrossman@synergyhomecare.com](mailto:bradrossman@synergyhomecare.com)

### **anApogee Homecare**

Phone: 360-943-1045

### **BrightStar Care South Puget Sound**

Phone: 360-915-6183

### **FirstLight Home Care of South Sound**

Phone: 360-489-1621

### **KWA In Home Care**

Phone: 360-455-4524

### **Visiting Angels**

Phone: 360-705-1929

### **Senior Helpers**

Phone: 360-323-2879

### **Serenity Home Care**

Phone: 360-918-2097

### **Armstrong In Home Care**

Phone: 360-236-8454

### **South Sound Care Connection**

Phone: 360-586-4491

### **Sound Options**

Phone: 360-951-6858

### **Comfort Keepers**

Phone: 360-226-2737

### **Quality Adult Homecare**

Phone: 360-357-4652

### **Home Instead**

Phone: 360-570-0049

**Right at Home**

Phone: 360-292-7511

**Westside Home Care LLC**

Phone: 360-352-1454

**Providence Optimal Aging**

Phone: 844-523-1387

Email: [Providence.org/optimalaging](mailto:Providence.org/optimalaging)

**Pet Assistance**

Bark Yes!

Phone: 360-764-2424

Concern for Animals

Phone: 360-456-8176