

I Have No One to Help Me After Surgery

Resources:

Above Home Health- Skilled Nursing Care at Your Home

3709 Griffin Lane SE

Olympia, WA 98501

Fax: 888-470-3277

Phone: 360-350-0123

Email: care@abovehh.com

Personal Home Care

- Mobility-transportation assistance
- Bathing- Toileting- Personal Care
- Alzheimer's-Dementia Care
- Medication Reminders-TLC Calls
- Meal Planning and Preparation
- Help with Activities of Daily Living
- Prescription- Groceries Pick Up
- Happiness Meditation

Our Skilled Services

- Assessment-Observation
- IV Therapy
- Injections
- Wound Care-Dressing Change
- Pain Management
- Diabetic Care
- Nutritional Support

Cost:

Self- Pay Only – Average of \$40 per hour minimum of four hours.

Shorter visits based on individual tasks such as I just need help bathing will be a flat rate.

Resources:

Synergy Home Care of Olympia

2920 Harrison Ave NW Ste A

Olympia, WA 98502

Phone: 360-338-0837

Email: bradrossman@synergyhomecare.com

Personal Home Care:

Light housekeeping

Meal planning and preparation

Grocery shopping and fridge clean-out

Prescription pick up

Transportation support to and from medical appointments

Collaboration with health care providers

Assistance with scheduling follow-up appointments