

Olympia Surgery Center

Chlorhexidine Preop Instructions

The purpose of the Chlorhexidine wipe prior to surgery is to decrease the skin microorganisms at the surgery site. Decreasing the skin microorganisms at the surgical site will help prevent a surgical site Infection.

THE NIGHT BEFORE YOUR SURGERY:

- 1) Please shower and wash your body with an antibacterial soap such as Dial or Hibiclens. Rinse thoroughly and use a clean towel to dry your skin completely. DO NOT apply any lotions, creams, moisturizers, or deodorants.
- 2) Please use both wipes in the package.
- 3) Wipe from the surgical site outward to adjacent areas. Vigorously wipe skin back and forth for about 3 minutes, completely wetting treatment area, and then discard. Avoid contact with your eyes, ears, mouth and genitals.
- 4) Allow the area to air dry for one minute. DO NOT rinse off or shower again after using the wipes. It is normal for the skin to have a temporary “tacky” feeling for several minutes after the antiseptic solution has been applied.
- 5) Sleep in clean clothes and on clean sheets.
- 6) To avoid irritation or damage to the surgical site, please use caution when cleansing the skin. Avoid shaving the operative extremity at least 2 days prior to surgery.
***If you are having a Joint Replacement, avoid shaving the operative extremity 7-10 days prior to your surgery.
- 7) If you notice skin irritation at the surgical site, please contact your physician as soon as possible.

If you have any questions, please call (360) 528-8567

Thank you and we appreciate the opportunity to serve you.

Olympia Surgery Center Team