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Ozempic (semaglutide), Trulicity (dulaglutide), and Mounjaro (tirzepatide).

Patients on GLP-1 receptor agonists (glucagon-like peptide) for the treatment of diabetes or weight loss have an increased risk of delayed gastric emptying. This raises the risk of aspiration during anesthesia and surgery which can cause devastating complications, including death.

Therefore, new recommendations are to **HOLD** these drugs prior to surgery. **This includes Ozempic (semaglutide), Trulicity (dulaglutide), and Mounjaro (tirzepatide).**

- Patients who use a daily formulation should hold the drug on the morning of surgery.
- Patients who use a weekly formulation should hold the drug for a week prior to surgery.
- Any concerns for blood sugar control will need to be addressed with their PCP. Patients should monitor their sugars and diet.
- All patients on these medications should be questioned about any side effects such as nausea and vomiting and notify anesthesia accordingly.
- **If the patient is scheduled for an elective procedure and the medication is not withheld, the anesthesiologist might cancel the case.**