

Your Life in Motion

Our Areas of Specialty

Back, Neck, & Spine

Elbow

Foot & Ankle

General Orthopaedics

Hand & Wrist

Hip

Joint Replacement & Revision

Knee

Neurosurgery

Pain Management

Physical Medicine & Rehabilitation

Shoulder

Sports Medicine

Trauma

Physical & Hand Therapy - Eastside Clinic

615 Lilly Road NE, Suite 240

Olympia, WA 98506

Phone: (360) 413-3850

Fax: (360) 359-4726

Hand Therapy Phone: (360) 413-3850, ext. 4162

Located at the top of the stairs on the second floor. Elevator access is available.

Physical & Hand Therapy - Westside Clinic

3901 Capital Mall Drive SW

Olympia, WA 98502

Phone: (360) 709-6221

Fax: (360) 359-4727

Hand Therapy Phone: (360) 786-8990, ext. 3757

Located at the northwest corner, on the side of the building from the main entrance.

**To learn more about our
rehabilitation services and
therapists, please visit
olyortho.com/physicaltherapy.**

Olympia Orthopaedic Associates PLLC complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Physical & Hand Therapy



**OLYMPIA
ORTHOPAEDIC
ASSOCIATES PLLC**

Your Life in Motion

Physical Therapy

Our highly skilled clinical team collaboratively works with our orthopaedic surgeons, neurosurgeons, and physiatrists to deliver a seamless continuum of care for all of our patients. Our protocol-driven treatment plans are based on the latest research and treatment procedures. We are excited by this unique relationship and strive to establish benchmarks in progressive therapeutic management.

Hand Therapy

In 2013, Olympia Orthopaedic Associates added highly specialized hand therapy to our lists of therapeutic services. Our certified hand therapists provide the very best in elbow, wrist, and hand care with the same continuum of care provided by our hand specialists and orthopaedic surgeons. This unique forum of care allows for immediate post-operative management, splinting, and on-going treatment.

Olympia Orthopaedic Associates Physical & Hand Therapy is operated and owned by the physicians. Clients are not required to attend therapy at Olympia Orthopaedic Associates, but treatment with a licensed therapist is recommended.

Serving the therapeutic needs of the community to include:

- General Orthopaedic Injuries
- Post-Operative Therapy
- Sports/Athletic Injuries
- Neurologic Rehabilitation
- Hand & Upper Extremity Specialties
- Injured Worker & Injury Prevention
- Biomechanical & Gait Assessments
- Splint/Orthotic Fitting & Fabrication
- Vestibular & Balance Deficits
- Manual Therapy
- Bike Fitting
- Pain Management & Tissue Desensitization

Mission Statement

Our mission is to provide the highest quality of therapy available through the development of an exclusive partnership between therapist and client. Our goal is to assist individuals in achieving a successful return to normal function and activity through symptom management, mobility, strengthening, and client education. We strive to maximize overall recovery outcomes and get Your Life in Motion.

Eastside

Monday – Thursday: 7:00 a.m. – 6:00 p.m.
Friday: 7:00 a.m. – 5:00 p.m.



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